# october Half Term Activity Timetable

#### Monday 21st

#### Walthamstow

#### Grow Wild Climbers and Jumpers

(Birth to 4 years) 9.30 - 11.00 Grow Wild, Lloyd Park £6 per child

#### Flourish \*

Post-natal support group 9.30 - 11.30 Online Contact: familysupport@tlpcc.org.uk for more information Invitation only

#### Grow Wild Climbers and Jumpers

(Under 5s) 1.00 - 2.00 Grow Wild, Lloyd Park £5 per child

#### Grow Wild Climbers and Jumpers

(Under 9s) 3.00 - 4.00 Grow Wild, Lloyd Park £5 per child

#### Chingford

#### Flourish \*

Post-natal support group 10.00 - 12.00 Chingford Family Hub Contact: familysupport@tlpcc.org.uk for more information Invitation only

#### Under 2's Play Session \*

1.30 - 3.00 Chingford Family Hub

## Leyton

## Under 2s Play Session \*

1.00 - 2.30 Queens Road Family Hub

#### Leytonstone

# Stories and Rhymes

(Birth to 4 years) 10.00 - 10.45 11.00 - 11.45 Leytonstone Family Hub -The Junction

# Tuesday 22nd

#### Walthamstow

# **Music and Movement**

(Birth to 4 years) 10.30 - 11.15 Walthamstow Family Hub

# Chingford

#### Play Session \*

(Birth to 4 years) 10.00 - 11.30 Chingford Family Hub

#### You and Your New Baby \*

(Birth to pre-crawlers, antenatal and postnatal) 1.30 - 3.00 Chingford Family Hub

#### Leyton

#### You and Your New Baby \*

(Birth to pre-crawlers, antenatal and postnatal) 10.00 - 11.30 Leyton Sports Ground

#### Flourish \*

Post-natal support group (Birth to 18 months) 10.00 - 12.00 Queens Road Family Hub Contact: familysupport@tlpcc.org.uk for more information. Invitation only group.

#### Play Session \*

(Birth to 4 years) 1.00 - 2.30 Leyton Sports Ground

#### Leytonstone

# You and Your New Baby \*

(Birth to pre-crawlers, antenatal and postnatal) 10.00 - 11.30 Leytonstone Family Hub -The Junction

## Flourish \*

Post-natal support group
(Birth to 18 months)
1.00 - 3.00
Leytonstone Family Hub The Junction
Contact:
familysupport@tlpcc.org.uk
for more information.

Invitation only

#### Wednesday 23rd

#### Walthamstow

#### Grow Wild Outdoor Play

(Birth to 4 years) 1.00 - 2.30 Grow Wild, Lloyd Park

#### Chingford

#### **Music and Movement**

(Birth to 4 years) 1.30 - 2.30 Chingford Family Hub

#### **Young Parents Group**

(Birth to 4 years) Chingford Family Hub 1.30 - 3.00

#### Leyton

# Co-Co East, Conversation Group and Play Session

(Birth to 4 years)
Aimed at families with English
as an additional language
1.00 - 2.30
7 Saxon Close

#### Sensory Play Session \*

(Birth to 4 years) 1.00 - 2.30 Queens Road Family Hub

#### Leytonstone

# Play Session

(Birth to 4 years) 1.30 - 3.00 Leytonstone Family Hub -The Junction

# **Thursday 24th**

#### Walthamstow

# Under 2's Play Session \*

(For 0-2's and expectant parents) 9.30 - 11.00 Walthamstow Family Hub

#### You and Your New Baby \*

(Birth to pre-crawlers, antenatal and postnatal) 11.15 - 12.45 Walthamstow Family Hub

#### **Stories and Rhymes**

(Birth to 4 years) 1.30 - 2.30pm Walthamstow Family Hub

#### Chingford

#### Outdoor Explore in Nature Play Session \*

(Birth to 4 years) 10 - 11.30 Meet at the children's playground, Highams Park

#### **Messy Play**

(Birth to 4 years) 10.00 - 11.30 Chingford Family Hub

# Leyton

# Stories and Rhymes \*

(Birth to 4 years) 1.15 - 2.00 and 2.15 - 3.00 Queens Road Family Hub

#### Leytonstone

# **Under 2's Play Session**

10.00 - 11.30 Leytonstone Family Hub -The Junction

# Friday 25th

#### Walthamstow

#### Grow Wild Climbers and Jumpers

(Birth to 4 years) 9.30 - 11.00 Grow Wild, Lloyd Park £6 per child

#### Soft Play

(Birth to 4 years) 10.00 - 11.30 Walthamstow Family Hub

#### Grow Wild Climbers and Jumpers

(Under 5s) 1.00 - 2.00 Grow Wild, Lloyd Park £5 per child

## Play Session \*

(Birth to 4 years) 1.30 - 3.00 Walthamstow Family Hub

#### Grow Wild Climbers and Jumpers

(Under 9s) 3.00 - 4.00 Grow Wild, Lloyd Park £5 per child

#### Chingford

#### Play Session

(Birth to 4 years) 10.00 - 11.30 Chingford Family Hub

# Stories and Rhymes \*

(Birth to 4 years) 1.30 - 2.30 Hale End Library

#### Leyton

## Play Session \*

(Birth to 4 years) 10.00 - 11.30 Queens Road Family Hub

# Leytonstone

#### Play Session \*

(Birth to 4 years) 10.00 - 11.30 Leytonstone Family Hub -The Junction

#### Saturday 26th

# Walthamstow

#### Outdoor Dads Club \*

(Birth to 4 years)
9.30 - 10.30 and 11.00 - 12.00
Grow Wild, Lloyd Park
Contact: lpc@tlpcc.org.uk
for more information.

All sessions are FREE unless otherwise stated



