

# The Lloyd Park Centre

## Menu week 1

	Breakfast	Lunch	Dessert	Snack	Tea
MON	Cereal & Milk	Jacket Potato with Cheese, Beans & Salad	Melon	Rice Cakes & Milk	Vegetable Soup with Pitta Bread & Fruits
TUE	Crumpet & Milk	Tandoori Chicken with Rice & Salad V: Tandoori Vegetables	Banana & Grapes	Crackers & Milk	Selection of wraps with Cucumber sticks & Fruits
WED	Porridge	Lentils & Rice	Fruit Salad	Crispbread & Milk	Courgette & Aubergine Pasta Selection of Fruits
THU	Muffins & Milk	Fish Pie & Vegetables V: Leek & Vegetable Pie	Coconut Cake & Custard	Fruits & Milk	Pizza & Fruits
FRI	Cereal & Milk	Creamy Mushroom & Spinach Pasta bake with Salad	Apples & Satsumas	Breadsticks & Milk	Cheese & Onion rolls & Fruits

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## Menu week 2

	Breakfast	Lunch	Dessert	Snack	Tea
MON	Cereal & Milk	Red Kidney Beans (Rajma) & Pitta Bread	Satsumas & Pears	Rice Cakes & Milk	Vegetable Pasta & Fruits
TUE	Porridge	Salmon Teriyaki & Noodles V: Omelette with Red Peppers & Onions	Fruit Salad	Fruits & Milk	Carrot Soup with Pitta bread & Fruits
WED	Crumpets & Milk	Sweet & Sour Chicken with Rice & Salad V: Sweet & Sour Vegetables with Rice & Salad	Apple Crumble with Custard	Fruits & Milk	Selection of Sandwiches with Vegetable sticks & Fruits
THU	Muffins & Milk	Lentil Cottage Pie & Vegetables	Melon	Crackers & Milk	Beans on Toast Fruits
FRI	Cereal & Milk	Chick Pea, Spinach & Potato curry & Rice	Chocolate rice crispy cake	Breadsticks & Milk	Selection of wraps & Fruits

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## Menu week 3

	Breakfast	Lunch	Dessert	Snack	Tea
MON	Cereal & Milk	Vegetable & Potato Curry with Rice	Satsumas & Apples	Breadsticks & Milk	Selection of Bread Roll with Cucumber sticks & Fruits
TUE	Porridge	Brown Lentils & Spaghetti	Banana	Crackers & Milk	Mixed Vegetable Rice & Fruits
WED	Muffins & Milk	Jacket Potato with Cheese, Beans & Salad	Fruit Salad	Rice Cake & Milk	Butternut squash Soup with Pitta bread & Fruits
THU	Crumpets & Milk	Chicken Stroganoff with Rice & Vegetables V: Sweet potato & Mushroom Stroganoff	Sponge Cake & Custard	Fruit & Milk	Sweetcorn Pasta Fruits
FRI	Cereal & Milk	Battered Fish & Chips with Peas V: Spanish Omelette	Melon	Crispbread & Milk	Selection of Sandwiches with Cucumber & Fruits

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## Menu week 4

	Breakfast	Lunch	Dessert	Snack	Tea
MON	Cereal & Milk	Lentils with Vegetables & Rice	Bananas served with Yoghurt	Breadsticks & Milk	Beans on Toast & Fruits
TUE	Porridge	Chicken & Leek Pie with Mash & Vegetables V: Vegetable Leek Pie	Melon	Crackers & Milk	Sweet Potato Soup with Pitta Bread & Fruits
WED	Muffins & Milk	Bean Casserole with Vegetables & Rice	Vanilla cake with Custard	Fruit & Milk	Vegetable Pasta & Fruits
THU	Crumpets & Milk	Breaded Fish with Potato & Mixed Veg V: Spanish Omelette	Fruit Salad	Rice Cake & Milk	Selection of Sandwiches with Cucumber sticks & Fruits
FRI	Cereal & Milk	Macaroni Cheese with Salad	Pears & Satsumas	Fruit & Milk	Pizza & Selection of Fruits